

Family Thanksgiving Reflections

After dinner, go around the table and ask for volunteers to read or answer any of the questions below. Enjoy a great time of reflection, sharing, and learning how amazing thanksgiving is.

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Thank someone for something specific? Explain what they did and how it blessed you.

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Read Philippians 4:6-7

“Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.”

and reflect:

“How does thanksgiving help fight anxiety?”

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Say a small prayer out loud; maybe use this example: “God I thank you for ..., all good things come from your hand!”

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Read Ephesians 1:16

“I have not stopped giving thanks for you [Christians in Ephesus], remembering you in my prayers...”

and reflect:

How do you think differently if you are thankful for someone?”

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What is one thing you are thankful for in the last year?

Read Psalm 100:4

“Enter into His gates with thanksgiving, enter into his courts with praise; give thanks to Him and praise His name.”

and reflect:

Does God need praise or do we need to praise Him?

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Read Tony Snow's quote:

“If you think Independence Day is America's defining holiday, think again. Thanksgiving deserves that title, hands-down.”

and reflect:

In what ways is Thanksgiving more important than 4th of July?

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Read Hebrews 12:28-29

Therefore, since we are receiving a kingdom that cannot be shaken, let us be thankful, and so worship God acceptably with reverence and awe, for our ‘God is a consuming fire.’”

and reflect:

What do we know about God that we should be thankful for?

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Psalm 35:18

“I will give You [God] thanks in the great congregation; I will praise You among a mighty throng.”

and reflect:

What does it do for the world around us when we thank God publicly?

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Read Psalm 116:17

“I will offer to You the sacrifice of thanksgiving, and will call upon the name of the LORD”

and reflect:

How does thanksgiving make sense during hard times?



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